

**STATE ADVISORY COUNCIL ON HEALTH AND WELLNESS ARTHRITIS
COMMITTEE
CALL MEETING MINUTES
April 12, 2019
1:00 pm**

Maryland Department of Health 201
West Preston St, Room 300
Baltimore, MD 21201

Committee Staff Present
Erin Ashinghurst
Dr. Sadie Peters

Committee Members Present
Rachel Pigott (co-chair)

Members Not Present

Jody Marshall
Linda Kline
Donna Nordstrom
Margaret Gwaltney

Minutes respectfully submitted by: Erin Ashinghurst

Introductions

- The meeting was called to order at 1:10 pm.
- The group reviewed the objective for the meeting:
 - Specify objective measurements and tasks within the action plan

Committee Goal Statements

- The Committee reviewed the goal statements and decided on
 - A - By 2019, develop and implement a 5-year action plan to initiate, sustain, and expand availability of selected Arthritis Appropriate Evidence Based Intervention (AAEBI's) using evidence-based dissemination strategies.
 - B - By 2022, increase by 5-10 percent the number of evidence-based programs for arthritis prevention and management in the community, targeting people of all ages.
 - C - By 2020, increase by 5-10 percent the number of people with arthritis referred to evidence-based programs for arthritis prevention and management in the community.
 - D) By 2020, increase by 5-10% percent the number of adults [in high burden communities/groups] with arthritis participating in evidence-based programs.

Discussion

- The group reviewed strategies and resources required to fulfill the work of each strategy. Other members of the committee will have time at the in-person meeting to choose a strategy and gather resources. There four strategies which remain unaddressed.
- The program will consider modifying strategies to include legislative action.
- The committee would benefit from obtaining a stakeholder list which would contain the names and contact information from individuals and organizations working to reduce the burden of arthritis and related diseases across the state.
- The committee is planning to reach out to the Arthritis Foundation to discuss which social media platforms are most frequently accessed by Marylander's living with arthritis.
- The team will continue to coordinate via Google Documents and Hangouts to make routine updates to the plan of action and outcomes.
- The group agreed to review the Action Plan live at the next Wellness Council Meeting to be able to review and edit while all together
- The group discussed seeing what the other Committees are doing (their Action Plans) to be gauge areas of overlap and/or where efforts might align.

Next Steps

- By April 17, 2019, each committee members should enter the Committee Action Plan template and write her name next to 2 or 3 strategies she would like to lead and brainstorm determine resources that would be helpful.

Adjournment

- The next in-person Wellness Council meeting will occur on April 17 at the Maryland Department of Health.
- The meeting was adjourned at 1:53 pm.

